

ONE BOOK: DAILY-WEEKLY – *THE PSALMS (Part 1)*

a 12-week reading plan

Quarterly reading plan covering Psalms 1-41. Start each week's readings on the date listed or anytime throughout the week that your schedule allows.

1. Introduction – June 7

- Watch Bible Project *Psalms* video
- Psalm 1:1-2
- Psalm 1:3-4
- Psalm 1:5-6
- Psalm 2:1-9
- Psalm 2:10-12

2. The Climax of Praise – June 14

- Psalm 146
- Psalm 147
- Psalm 148
- Psalm 149
- Psalm 150

3. Praying Through Darkness – June 21

- Psalm 3
- Psalm 4
- Psalm 5
- Psalm 6
- Psalm 7

4. Creation and Revelation – June 28

- Psalm 8:1-2
- Psalm 8:3-9
- Psalm 19:1-6
- Psalm 19:7-10
- Psalm 19:11-14

5. Security and Justice – July 5

- Psalm 11
- Psalm 12
- Psalm 13
- Psalm 14
- Psalm 15

6. Security and the Messiah – July 12

- Psalm 16
- Psalm 17
- Psalm 18:1-6
- Psalm 18:7-24
- Psalm 18:25-50

7. The Lord is King – July 19

- Psalm 20
- Psalm 21
- Psalm 24
- Psalm 25:1-7
- Psalm 25:8-22

8. Our Shepherd - July 26

- Psalm 22:1-11
- Psalm 22:12-21
- Psalm 22:22-31
- Psalm 23:1
- Psalm 23:2-6

9. Lament and Praise – August 2

- Psalm 26
- Psalm 27
- Psalm 28
- Psalm 29
- Psalm 29

10. Lament and Gratitude – August 9

- Psalm 30
- Psalm 31
- Psalm 33
- Psalm 34
- Psalm 35

11. Sin and Forgiveness – August 16

- Psalm 32:1-5
- Psalm 32:6-11
- Psalm 36:1-4
- Psalm 36:5-9
- Psalm 36:10-12

12. Faithfulness and Mission – August 23

- Psalm 37
- Psalm 38
- Psalm 39
- Psalm 40
- Psalm 41

Recommended reading source: *The ESV Study Bible*. For study and discussion, we recommend *The Psalms: Part I* by Dr. Brian Russell from Seedbed's One Book: Daily-Weekly series. Resources and links to related video teachings and discussion questions will be posted in our [Facebook Discussion Group](#). To receive a weekly email with these related resources, visit mylhumc.net/Read-the-Bible and enter your name and email address. **Questions?** Contact Mindy Clemons at Mindy@mylhumc.net.